

brainLight® relaxTower

Your power station for optimum performance in everyday life

On Oct 31st 2008, the latest **brainLight®** development, the so-called '**brainLight®** relaxTower', was launched – right on schedule for the company's 20th anniversary. Being the innovator as well as the sole supplier, **brainLight®** once more faces up to the challenges of a growing health care market. The **brainLight®** relaxTower together with the **brainLight®**-Shiatsu Massage Chairs guarantee an experience of deep wellbeing at the touch of a button, within the commercial sector.

The **brainLight®** relaxTower is the further development of the successful **brainLight®** relaxation system "Synchro be complete", specifically designed for commercial use. At the touch of a button, the user experiences a perfect combination of relaxation for mind, body and soul. The core of the **relaxTower** is a state-of-the-art computer, which harmonizes the brain waves via light- and sound impulses and at the same time controls a Shiatsu Massage Chair. This technology is unique throughout the world. Jochen Hufgard, managing director of **brainLight®** GmbH, on the novelty: "With our latest development, the **relaxTower**, we have extended our technical lead on the health care market."

In areas, where deep relaxation is craved for, inner resources can be replenished quickly thanks to this technology. The trend of "power napping" can thus e.g. become a very effective way of quick regeneration. The **brainLight®** relaxTower is ideal for hotels, gyms, cosmetic parlours, waiting rooms, enterprises willing to invest

in the health of their employees, and of course spa- and chill-out areas. Moreover, self-employed licensees of **brainLight®**-Systems can generate profit by establishing the relaxTower in locations where mental and physical relaxation is in demand.



Operating the **brainLight®** relaxTower is fairly easy: The user gets comfortable in the massage chair, selects one of the 33 to 70 programs on the keypad, inserts the displayed amount of coins for a session of 10, 20, 30 or 40 minutes into the coin-slot, puts on visualization glasses as well as headphones and enjoys a refreshing break from everyday life.

First, he/she indulges in a Shiatsu massage loosening up back-, neck-, buttocks- and calf tension. Subsequently, the user is guided into a state of deep relaxation via light- and sound impulses and music. He/she starts to feel calm and balanced after only a few minutes. The breathing slows down and becomes more regular. He/she experiences a new way of physical and mental relaxation, in which the mind seems to be floating above the clouds. Beautiful colours and patterns like in a kaleidoscope arise in front of the inner eye, induced by the stimulating light frequencies.

Afterwards, the demands of everyday life appear in a new, positive light and a deeply felt sense of wellbeing settles in.

brainLight®

relaxTower Air Plus XL



Special comfort:
arm massage



Coin slot
for tokens or Euros



Integrated keypad with
program display



Lockable coin acceptor unit
coins with sales statistics

Introductory offer:

Scope of delivery:

1 **brainLight® relaxTower Air PLUS XL** with **brainLight®**-Shiatsu Massage Chair AIR PLUS including arm massage:

- 70 programs, visualization glasses, headphones
- Integrated coin acceptor and display showing program number and remaining session time
- Coin acceptor adjustable to tokens, Euros coins and other currencies
- Colour: TITANIUM or BLACK

relaxTower AIR PLUS XL 6.985,30 Euros

2 years warranty.

Shipping costs excluded.

All prices stated incl. VAT.

OPTIONS for the **brainLight® relaxTower AIR PLUS XL**:

- Different colour: + 200,00 Euros
- Piano lacquer black: + 200,00 Euros
- Without coin acceptor: – 416,50 Euros

brainLight® relaxTower AIR



Scope of delivery:

1 **brainLight® relaxTower AIR** with **brainLight®**-
Shiatsu Massage Chair AIR PLUS:

- 33 basic programs, visualization glasses, headphones
- Integrated coin acceptor and display showing program number and remaining session time
- Coin acceptor adjustable to tokens, Euros coins and other currencies
- Colour: TITANIUM or BLACK

relaxTower AIR 6.188,- Euros

2 years warranty.

Shipping costs excluded.

All prices stated incl. VAT.

OPTIONS for the **brainLight® relaxTower AIR**:

- | | |
|--------------------------|----------------|
| • Different colour: | + 200,00 Euros |
| • Piano lacquer black: | + 200,00 Euros |
| • Without coin acceptor: | - 416,50 Euros |
| • Arm massage: | + 300,00 Euros |

brainLight® relaxTower GRAVITY

Scope of delivery:

1 **brainLight® relaxTower GRAVITY** with **brainLight®**-
Shiatsu Massage Chair GRAVITY:

- basic programs, visualization glasses, headphones
- Integrated coin acceptor and display showing program number and remaining session time
- Coin acceptor adjustable to tokens, Euros coins and other currencies
- Colour: TITANIUM or BLACK

relaxTower GRAVITY 6.664,- Euros

2 years warranty.

Shipping costs excluded.

All prices stated incl. VAT.

OPTIONS for the **brainLight® relaxTower GRAVITY**:

- | | |
|--------------------------|----------------|
| • Different colour: | + 200,00 Euros |
| • Piano lacquer black: | + 200,00 Euros |
| • Without coin acceptor: | - 416,50 Euros |



The 33 basic Programs of the **brainLight® relaxTower GRAVITY** (subject to modifications)

(The massage settings of the relaxTower AIR differ slightly)

Short Programs up to 10 minutes

Program 51:	FIRST USE with introduction	
Program 90:	Lecture „ Stress management “ with Shiatsu massage (alternating positions)	
Program 91:	Lecture „ Enhancing your creativity “ with Shiatsu massage (with calf-swing massage)	
Program 92:	Lecture „ Building up self-confidence “ with Shiatsu massage (with swaying function)	
Program 93:	Lecture „ Background and function of the brainLight®-System “ with back massage	
Program 94:	Lecture „ Easy learning “ with back massage	
Program 10:	Positive affirmations for the beginning of your day with back massage	
Program 11:	Positive affirmations for the end of your day with back massage	
Program 12:	Neck massage with the piece of music „ Free flow “	
Program 13:	Neck massage with the piece of music „ Chill fit “	
Program 14:	Relax massage with the piece of music „ Energy “	
Program 15:	Relax massage with the piece of music „ Free Time “	
Program 16:	Quick meditation „ Stocking up on energy “	
Program 17:	Quick meditation „ Being powerful “	

20-minute Programs

Program 20:	Back massage with the piece of music „ Fantasy “	
Program 21:	Back massage with the piece of music „ Space “	
Program 22:	Back massage with the piece of music „ Creativity “	
Program 23:	Back massage with the piece of music „ Wellpower “	
Program 24:	All inclusive wellbeing session with the piece of music „ Deep insight “	
Program 25:	All inclusive wellbeing session with the piece of music „ Do it “	
Program 26:	All inclusive wellbeing session: „ Refreshed and cheerful within 20 minutes “	
Program 27:	All inclusive wellbeing session: „ Tranquil and balanced within 20 minutes “	
Program 28:	Music session „ brainFlight “	
Program 29:	Narrated relaxation session „ Journey through the body “	

30-minute Programs

Program 30:	Back massage with the piece of music „ Sky “	
Program 31:	Back massage with the piece of music „ Chill out “	
Program 32:	All inclusive wellbeing session with the piece of music „ Falling waters “	
Program 33:	All inclusive wellbeing session with the piece of music „ Freedom “	
Program 34:	All inclusive wellbeing session with the piece of music „ Ocean “	

40-minute Programs

Program 40:	All inclusive wellbeing session with the autosuggestion „ Dealing with stress “	
Program 41:	All inclusive wellbeing session with the autosuggestion „ Relax “	
Program 42:	All inclusive wellbeing session with the autosuggestion „ Overcoming anxiety “	
Program 43:	All inclusive wellbeing session with the autosuggestion „ Balancing your moods “	
Program 44:	All inclusive wellbeing session with the autotrance „ Creative problem solving “	

Back warmth function during relaxation phase
 Audio programme with massage; without visualization glasses
 Without massage; chair reclines; with visualization glasses
 Meaning-ful stories with relaxation music
 Session starts with massage, followed by relaxation phase with visualization glasses
 Session starts with massage, followed by relaxation phase with visualization glasses; short wake-up massage at the end